

## **TODDLER & PRESCHOOL SNACKS**

(15 months and older)

Wheat Bread	English muffins
Cheerios	Bagels
Kix	Pita Bread
Pancakes	Animal Crackers
Mini waffles	Pretzel fish
Oyster crackers	Round snack crackers
Saltines	Cheddar gold fish
Fig Newtons	Graham crackers
Apples	Canned pears & peaches
Bananas	Fruit cocktail
Grapes (cut in half)	Tropical Fruit
Cucumber	Oranges
Watermelon	Honeydew
Cantaloupe	Peppers
Strawberries	Carrots
Raisins	Blueberries
Snap Peas	Clementines
Apple sauce	Veggie Stix
Salsa	Tomatoes
Celery	Frozen peas
Freeze pops (summer)	
Cinnamon	Hummus
Margarine	Ranch dressing
Butter	Italian dressing
Totally fruit raspberry spread	
Totally fruit Strawberry spread	
Strawberry yogurt	
Vanilla yogurt	
Cream cheese	
Cottage Cheese	
Cheddar cheese	
American cheese	
Whole Milk (under 2 year olds)	
2% Milk (over 2 year olds)	
Water	

Two snacks are served daily. Water is offered throughout the day. If there is anything on this list you do not wish for your child to have please circle the item(s) and pass it back to me.

A weekly menu is posted in your child's classroom.

Occasionally classrooms will be cooking foods for snacks. We will make every effort to assure that ingredients used are allergen free. If you have any concerns, please talk with your child's teachers about checking recipe ingredients in advance.

Child's Name: \_\_\_\_\_

Parent's signature: \_\_\_\_\_