

SNACKS

English muffins
Bagels
Wheat Bread
Cheerios
Kix
Apple sauce
Pancakes (preschool)
Oyster crackers
Fig Newtons
Animal Crackers
Graham crackers
Cheddar gold fish
Pretzel fish
Saltines
Wheat round snack crackers

Banilla, Strawberry & Vanilla yogurt
Apples
Bananas
Grapes (cut in half)
Cucumber
Watermelon
Cantaloupe
Strawberries

Freeze pops (summer)
Cinnamon
Margarine
Butter
Totally fruit raspberry or strawberry spread
Italian Salad dressing
Cream cheese
Cheddar cheese
American cheese
Whole Milk
1% Milk older T's and P's
Water

Two snacks are served daily. Water is offered throughout the day. If there is anything on this list you **do not** wish for your child to have please circle the item(s) and pass it back to me.

A weekly menu is posted in your child's classroom.

Occasionally classrooms will be cooking foods for snacks. We will make every effort to assure that ingredients used are allergen free. If you have any concerns, please talk with your child's teachers about checking recipe ingredients in advance.

Child's Name: _____

Parent's Signature: _____

Date: _____